

**In Partnership With**



Dear Valued Patient,

We want to inform you of important next steps in managing your symptoms related to benign prostatic hyperplasia (BPH). Given the persistence of your symptoms despite medical therapy, we are recommending that you be evaluated for a minimally invasive procedure known as **Prostate Artery Embolization (PAE)**.

PAE is a procedure performed by an interventional radiologist that aims to reduce the size of the prostate and improve urinary symptoms by restricting blood flow to the prostate. This treatment is considered a less invasive alternative to surgical procedures such as transurethral resection of the prostate (TURP) and has shown promising results for patients with similar symptoms.

HMU has partnered with **Dr. Andrew Doe with Alate Health Vein & Vascular Clinic** (Museum District/E. Houston) and **Dr. Poyan Rafiei with Texas I. R.** (Katy) for evaluation and consideration of this procedure. Both Dr. Doe and Dr. Rafiei specialize in performing PAE and will determine if you are a suitable candidate. During the consultation, he will discuss the procedure, its potential benefits, and any associated risks in detail.

**Next Steps:**

**1. A PAE staff will call you to schedule a consultation. Please call the PAE Center if you do not hear from them within 7 days.**

**Alate Health (713) 400-9481 / Texas I.R. (346) 387-9147**

2. Please bring any recent imaging studies or test results to your appointment, if requested.

3. If you have any questions about this referral or the procedure, reach out to your HMU physician via your patient portal.

**4. HMU Billing staff (713) 351-0644 will also call you regarding prior authorization and collect your patient responsibility, if any, for your consult and PAE procedure.**

We believe this evaluation is an important step toward improving your quality of life, and encourage you to attend the consultation. Please do not hesitate to contact us if you need further assistance or have any concerns.

Wishing you the best of health, **HMU Physicians**